



Office: 403-254-9010 Emergency Gym Line: 403-225-8305 inquire@gymtastics.ca

PRE-SCHOOL CLASSES 2023

WELCOME BACK to Gymnastics 2023 at Gymtastics Gym Club!
Here are a few bits of information that you need to know:

Please note the following important information:

- **PLEASE DO NOT ENTER THE FACILITY** if you or your child is showing **ANY** signs or symptoms of illness.
- All athletes should bring their own **WATER BOTTLES** to gymnastics. Please make sure their NAME (first and last) is on their water bottles!!
- Proper Gymnastics clothing or attire is required = body suits, form-fitting clothes, shorts & T-Shirt, and bare feet are best.
- Long Hair **MUST** be tied back or put in pig-tails or pony tails for safety.
- No Jewelry please!

Gymtastics has designated parking spaces in both the front and back parking lots. Weekends are more open than weekdays, so please park in the appropriate parking spaces during the weekdays. You can also park on the street. Parking in the other stalls during weekdays may result in your vehicle being towed!

Gymtastics is **NOT** responsible for lost or stolen items. Please bring in your valuables into the gym.

For the next 6 months we have great theme days lined up for your child, where they will continue to learn and grow and do more advanced skills!

PLEASE SEE OUR THEME DAY CALENDARS OF EVENTS FOR A SNEAK PEEK AT ALL THE AMAZING AND FUN THEME WEEKS IN STORE FOR YOUR CHILD OVER THE NEXT 6 MONTHS!!

NO CLASSES:

SATURDAY, FEBRUARY 18TH TO MONDAY, FEBRUARY 20TH = Family Day Weekend!!

SATURDAY, APRIL 8TH AND SUNDAY, APRIL 9TH = EASTER LONG WEEKEND!!

SATURDAY, MAY 20TH TO MONDAY, MAY 22ND = Victoria Day Long Weekend

Last Day of Classes:

Sunday, June 18th to Saturday, June 24th, 2023

**BIRTHDAY PARTIES NOW AVAILABLE TO BOOK! A 2-HOUR PARTY
WITH 1.5 HRS IN THE GYM AND .5 HRS UPSTAIRS IN THE PARTY ROOM!
SATURDAYS AND SUNDAYS 😊**

**Joe Coiffe is the Pre-School Coordinator here at Gymtastics Gym
Club, with almost 40 years of coaching experience!**

**If you have any questions or concerns about our Pre-School
Program please feel free to contact Joe at :**

preschool@gymtastics.ca

or phone the gym at (403) 254 9010 ext. 206.

HAVE THE BEST EXPERIENCE OF YOUR LIFE HERE AT GYMTASTICS!

JANUARY 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 NEW YEARS DAY GYM CLOSED	2 Safety & Orientation Day	3 Safety & Orientation Day	4 Safety & Orientation Day	5 Safety & Orientation Day	6	7 Safety & Orientation Day
8 Safety & Orientation Day	9 Nursery Rhyme Day	10 Nursery Rhyme Day	11 Nursery Rhyme Day	12 Nursery Rhyme Day	13	14 Nursery Rhyme Day
15 Nursery Rhyme Day	16 Super Hero Day	17 Super Hero Day	18 Super Hero Day	19 Super Hero Day	20	21 Super Hero Day
22 Super Hero Day	23 Circus Day	24 Circus Day	25 Circus Day	26 Circus Day	27	28 Circus Day

FEBRUARY 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 Circus Day	30 Winter Games Day	31 Winter Games Day	1 Winter Games Day	2 Winter Games Day	3	4 Winter Games Day
5 Winter Games Day	6 Valentine's Day	7 Valentine's Day	8 Valentine's Day	9 Valentine's Day	10	11 Valentine's Day
12 Valentine's Day	13 Weather Day	14 Weather Day	15 Weather Day	16 Weather day	17	18 FAMILY DAY LONG WEEKEND GYM CLOSED
19 FAMILY DAY LONG WEEKEND GYM CLOSED	20 FAMILY DAY GYM CLOSED	21 Pajama Day	22 Pajama Day	23 Pajama Day	24	25 Pajama Day
26 Pajama Day	27 Pajama Day	28 Jungle Day				

MARCH 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Jungle Day	2 Jungle Day	3	4 Jungle Day
5 Jungle Day	6 Jungle Day	7 Pirate's Week	8 Pirate's Week	9 Pirate's Week	10	11 Pirate's Week
12 Pirate's Week	13 Pirate's Week	14 St. Patrick's Day	15 St. Patrick's Day	16 St. Patrick's Day	17	18 St. Patrick's Day
19 St. Patrick's Day	20 St. Patrick's Day	21 Space Day	22 Space Day	23 Space Day	24	25 Space Day
26 Space Day	27 Space Day	28 Disco Dayz	29 Disco Dayz	30 Disco Dayz	31	1 Disco Dayz

APRIL 2023

2 Disco Dayz	3 Disco Dayz	4 Survivor Week	5 Survivor Week	6 Survivor Week	7 GOOD FRIDAY GYM CLOSED	8 EASTER WEEKEND GYM CLOSED
9 EASTER WEEKEND GYM CLOSED	10 Easter Week	11 Easter Week	12 Easter Week	13 Easter Week	14	15 Easter Week
16 Easter Week	17 Transportation Day	18 Transportation Day	19 Transportation Day	20 Transportation Day	21	22 Transportation Day
23 Transportation Day	24 Dinosaur Day	25 Dinosaur Day	26 Dinosaur Day	27 Dinosaur Day	28	29 Dinosaur Day

MAY 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 DINOSAUR DAY	1 IMAGINATION DAY	2 IMAGINATION DAY	3 IMAGINATION DAY	4 IMAGINATION DAY	5	6 IMAGINATION DAY
7 IMAGINATION DAY	8 ALPHABET & NUMBERS DAY	9 ALPHABET & NUMBERS DAY	10 ALPHABET & NUMBERS DAY	11 ALPHABET & NUMBERS DAY	12	13 ALPHABET & NUMBERS DAY
14 ALPHABET & NUMBERS DAY	15 MISSION IMPOSSIBLE WEEK	16 MISSION IMPOSSIBLE WEEK	17 MISSION IMPOSSIBLE WEEK	18 MISSION IMPOSSIBLE WEEK	19	20 VICTORIA DAY LONG WEEKEND GYM CLOSED
21 VICTORIA DAY LONG WEEKEND GYM CLOSED	22 VICTORIA DAY LONG WEEKEND GYM CLOSED	23 BUG DAY	24 BUG DAY	25 BUG DAY	26	27 BUG DAY
28 BUG DAY	29 BUG DAY	30 ROCK 'N ROLL DAY	31 ROCK 'N ROLL DAY			

JUNE 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 ROCK 'N ROLL DAY	2	3 ROCK 'N ROLL DAY
4 ROCK 'N ROLL DAY	5 ROCK 'N ROLL DAY	6 MEXICAN FIESTA DAY	7 MEXICAN FIESTA DAY	8 MEXICAN FIESTA DAY	9	10 MEXICAN FIESTA DAY
11 MEXICAN FIESTA DAY	12 FANTASTIC FOOD DAY	13 FANTASTIC FOOD DAY	14 FANTASTIC FOOD DAY	15 FANTASTIC FOOD DAY	16	17 FANTASTIC FOOD DAY
18 COUNTRY FAIR & RODEO DAY	19 COUNTRY FAIR & RODEO DAY	20 COUNTRY FAIR & RODEO DAY	21 COUNTRY FAIR & RODEO DAY	22 COUNTRY FAIR & RODEO DAY	23	24 COUNTRY FAIR & RODEO DAY
25	26	27	28	29	30	